

## THE HEALTHY SOUL, PART 1: WHOLENESS

### Discussion Questions 2.0

#### Genesis 2:25

1. What do you think is behind the modern nudist movement?
2. Can you think of similar efforts to reverse the curse? What are the inherent problems with this kind of attempt to go back to *shalom*?

#### 3 John 1:2

1. What are some of the elements of true prosperity from God's point of view?
2. What are some ways a healthy soul can be seen in a person's life?
3. Share a story of people you have met with remarkable healthy souls and unhealthy ones (try not to dump on the second group!).
4. What are some ways the church has been complicit in thrusting people forward in ministry who have solid devotional practices but unhealthy souls?

#### 2 Timothy 2:22-26

1. Share a personal story, if you dare, of how the Lord helped you gain self-control in an area of "youthful lust," i.e. inordinate passion. Have you seen someone else do so?
2. What kinds of fake medicines has the church been guilty of offering people for their souls?
3. :22b – List some of the things you have set as your highest goals in life, both right and wrong. Other people?
4. What concrete behaviors reveal the pursuit of the God-things?
5. How do people with healthy souls interact with others in community?
6. :23 -- Share a personal opinion you used to like to ram down other Christians' throats, and don't be a chicken. What do you think motivated this behavior?
7. :24a – Share a story of when you were humbled by someone else's service to you.
8. List some of the bad results of interpersonal and group quarrels in the church.
9. :24b -- Picture the face of someone with whom you have a really difficult relationship. Think of how might you be kind to this person in your next interaction. Share with the group a concrete way to show kindness without revealing the person or issue.
10. Share a story of how someone made a life-changing investment in you. Why did they do it?
11. :25-26 -- Share a story of how you observed someone taking a constructive approach with an enemy. What are some concrete steps to doing the same thing?

#### Tips for leaders:

1. Read through the sermon manuscript.
2. Comfy seating so participants can see each others' faces.
3. Have a few extra Bibles available.
4. Add, delete, or modify questions as the Lord leads.
5. Interrupt the sharing of genuinely confidential things or words spoken in a bad spirit.
6. Make sure the Lord gets the last word on everything.
6. Pray before and after.