

**STUDY QUESTIONS FOR**  
***THE HEALTHY SOUL, PART 7: STALLING OUT***

Introduction: John 21:1-3

1. Do you think it was a failure of faith which caused the disciples to go fishing? Why or why not?
2. Describe a time in your walk with Christ where you feel like your forward motion with him coasted to a stop—or so it seemed. What were the circumstances? Was it a failure of faith or the result of some natural rhythm of life? Did bad things happen as a result?
3. List some issues which can cause a believer to move into a time of personal and spiritual uncertainty. Are these inevitable?
4. Name some Bible characters and Christian historical figures who seem to have experienced uncertainty in their walk with Christ. Again: their fault or not?

John 20:24-31

1. What do you think was going on inside Thomas during his time away from the group of disciples? Have you ever spent time in the "wilderness?"
2. Describe your practice of encountering Christ in the Bible. Has it always been the same?
3. What kind of Bible study tools do you find helpful? Which are not as helpful?
4. List some non-Bible ways you have encountered the reality of Christ. Do you feel as confident in these as the times you encountered him in the Bible?

John 21:15-17

1. What words would you use to describe how Peter felt when he faced the Lord after his betrayal? If you are brave enough, share an experience where you had some of the same feelings.
2. Why do you think the Lord asked Peter about his love for him three times? What positive movement might this have created in Peter?
3. What did the Lord's repetition of "Feed my sheep" mean to Peter?
4. How can we know that we love the Lord? (cf. John 14:21)

John 21:18-19

1. Can you imagine a scenario where you might be martyred for your faith? How might it happen?
2. Share some stories of how Christians are being martyred today.
3. In what ways does following the Lord force you into conflict with: a. Your own nature; b. Your family; c. the world?
4. Describe a situation where you found it comfortable to "go it alone" as you followed the Lord.